

WASHINGTON, D.C. - Spay Day, celebrated nationally on February 23, is an annual campaign by the Humane Society of the United States and Humane Society International to inspire people to save animal lives by spaying or neutering pets and feral cats.

"Spay Day is a great tool to raise awareness of pet overpopulation, but it's always a good time to bring in a pet for this procedure," said Congressman Sam Farr (D-Carmel). "Millions of dogs and cats are put down every year in shelters, but that doesn't have to happen. Spaying and neutering is the best way to reduce pet overpopulation, and I encourage families to consider this procedure."

Since 1995, more than 1.5 million dogs and cats have been spayed or neutered as a result of Spay Day. For more information on getting a pet spayed or neutered, contact one of the offices below:

Monterey County Animal Shelter

2840 5th Ave., Marina

831-384-1396

SPCA of Monterey

1002 Highway 68, Monterey

877-477-2262

<http://www.spcamc.org/>

San Benito County Animal Shelter

1221 South St., Hollister

831-636-4320

Hollister Animal Control & Shelter

375 Fifth St., Hollister

831-636-4320

<http://www.hollister.ca.gov/site/html/gov/office/aniCtrl.asp>

Santa Cruz Animal Shelter

2200 7th Ave., Santa Cruz

831-475-6454

<http://www.santacruzspca.org/>

City of Capitola Animal Shelter

420 Capitola Ave, Capitola

831-462-5678

#